



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
B.A./ B. Sc. Psychology
Semester I (Batch 2025-28)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY101	Major/Minor	Foundations of Psychology	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: To study the basic nature and principles of psychology.

CEO2: To impart the students with the knowledge of the cognitive process of perception.

CEO3: To explain the principle involved in learning and memorization process

CEO4: To study and explain the theories of motivation and emotion.

CEO5: To impart a deeper understanding of the meaning of personality and intelligence as important areas in psychology.

Course Outcomes (COs):

The student will be able:

CO1: To explain the basic research methods used in psychology and gain an understanding of the different fields in which the subject offers scope.

CO2: To analyze and apply the concepts underlying perceptual processing and sensation.

CO3: To generalize and give examples of the process of learning and memory and study the major theories of learning.

CO4: To illustrate the theoretical grounding of motivational (Maslow and Need Achievement theory) and emotional processes (James- Lange and Cannon-Bard theory).

CO5: To understand personality with special reference to Freud's theory and analyze different theories of intelligence.

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BAPSY101
Foundations of Psychology

Contents

Unit I

Introduction: Meaning and Nature of Psychology, Psychology as a science, Origin and development of psychology, Schools of modern Psychology, Research Methods in Psychology: Experimental, Case study and Observation and Interview. Fields of Psychology.

Unit II

Cognitive Processes: Sensation: Meaning and types, Sensory adaptation, and habituation. Perception: Nature and determinants of perception, Laws of perceptual organization and Figure-ground approach.

Unit III

Learning and Memory: Learning: Definition and factors affecting learning, and Theories of learning: Pavlov, Kohler & Bandura, Memory meaning and types of memory, Information processing model, Factors influencing memory and techniques for improving memory, Forgetting curve.

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Unit IV

Motivation and Emotion: Motives; Biogenic and Sociogenic motives, Theories of motivation: Maslow theory and Need achievement theory.
 Emotions- Nature of emotions, Theories of emotions- James –Lange & Cannon-Bard.

Unit V

Intelligence and Personality:

Intelligence: Meaning and type, Guilford tri-dimensional theory, Spearman's two factor, Multiple factor theory of intelligence. Personality- Definition, Nature and determinants, Theory of personality- Freud.

Suggested Readings:

- Ciccarelli, S. K & Meyer, G.E (2008). **Psychology** (South Asian Edition). New Delhi: Pearson Delhi: Tata Mc Graw Hill.
- Baron, R.A & Misra, G. (2014). **Psychology** (Indian Subcontinent Edition). Pearson Education Ltd.
- Chadha, N.K. & Seth, S. (2014). **The Psychological Realm: An Introduction**. Pinnacle Learning, New Delhi.
- Baron and Mishra (2016). **Psychology**, (5th ed) Pearson Publication, New Delhi

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BAPSY102	Major	Developmental Psychology	60	20	20	30	20	2	0	2	3

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Course Educational Objectives:

CEO1: Comprehend the concept of child growth and development and the factors influencing it.

CEO2: Provide the knowledge about factors related to the parenting/pregnancy decision, outline stages of prenatal development beginning at conception, identify the stages and practices of childbirth, and demonstrate knowledge of infant care techniques.

CEO3: To comprehend the development characteristics, stages and practices related to various types of development.

CEO4: To understand the concept and models of cognitive and language development.

CEO5: Discuss the terms and practices relating to the care of infants and children with special needs.

Course Outcomes: Students will be able to:

CO1: Define basic concepts related to understanding children of different ages through psychological theories of child development.

CO2: Explain the Stages of development.

CO3: Discuss various types of development.

CO4: Recognize the concept of cognitive and language development through various models.

CO5: Relate and comprehend different types of birth defects and conditions that result in special needs for the child.

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BAPSY102	Major	Developmental Psychology	60	20	20	30	20	2	0	2	3

BAPSY102

Developmental Psychology

Contents

Unit –I

Developmental Psychology: Meaning and Nature of Developmental Psychology, Determinants of development, factors affecting child development with respect to gender difference. Growth and Development of Child Concept of Growth and Development: Stages of Development.

Unit-II

Stages of Development: Prenatal Development - Pregnancy – Signs and Symptoms - Prenatal development Factors influencing prenatal development – Diet during Pregnancy - Preparation for parenthood; Needs and care in post-natal and childhood period.

Unit-III

Developmental Characteristics (0-18 Years): Children in the Pre-school years.

Physical Development; Mental/Cognitive Development, Emotional Development, Social and Moral Development; Role of Teachers and Parents.

Unit-IV

Cognitive and Language development: Meaning and Characteristics, Theory of Jean Piaget and Lev Vygotsky, Theory of Language Development: Noam Chomsky, Moral development: Theory of Kohlberg.

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Unit-V

Children with Special Needs: Definition, Classifications and Educational Approaches of Mentally Challenged, Learning Disabilities, Visually Impaired Hearing Impaired and Physically Handicapped - Giftedness. Government schemes for children in India (ICDS, role of NGO's, educational institutions).

List of Practical: (Any Five)

- Family Environmental Scale
- Mental Wellbeing Scale
- Emotional Intelligence Scale
- Learning Disabilities Battery
- Human Maze Learning
- Self-Concept Scale

Suggested Readings:

- Hurlock, E.B. (1980): **Developmental Psychology: A lifespan approach.** New Delhi; Tata McGraw Hill.
- Harwood, R. Miller, S. A., R. (2008). **Child Psychology: Development in a Changing Society.** John Wiley & Sons Inc.
- Santrock, J.W. (2011). **A topical Approach to life-Span Development.** New Delhi: Tata McGraw-Hill Edition.
- Shenk, D. (2010). **The Genius in All of Us.** New York: Doubleday/Random House.

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